

We often underestimate the power of our own voice because we aren't consciously focused on it – or don't believe we have it!

But when we hear a strong voice, its impact is clear. A free voice imbues its user with competence, strength and credibility, just as a trapped voice does the exact opposite.

In short: the voice and its impact on the listener play decisive roles in communication.

Do you want more self-confidence when speaking to a large audience? More vocal charisma in critical situations? More impact in meetings and negotiations?

In my one- to two-day programme, you will learn to strengthen your vocal instrument, use your voice effectively in different acoustics, find more vocal flexibility, move more freely while speaking – and much more besides.

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## WHAT WILL YOU LEARN

VOCAL

STRENGTHENING YOUR VOICE

- / Finding a better way of breathing
- / Finding and using your resonance
- / Increasing vocal range and capacity
- / Improving articulation
- VISUAL

**ENGAGING YOUR LISTENER** 

- ✓ Establishing helpful eye-contact
- / Using the space available
- Freedom of movement and gesture
- STYLE

IT'S HOW YOU SAY IT THAT COUNTS

- / Using pauses, emphasis and volume
- / Finding your melody
- / Working with different acoustics
- PERFORMANCE

**PUTTING IT ALL TOGETHER** 

- / Preparation and practice
- Creative improvisation under pressure
- Finding and repeating helpful structures



An instructive, entertaining and intensive training - perfect preparation for our international representatives' meeting. We focused on the targeted use of voice and body language and were able to improve considerably under your guidance. A really interesting, exciting and effective training that we can strongly recommend.

Peter Schwab, Managing Director, Brandenburger Isoliertechnik GmbH & Co. KG



Sein Einsatz hat ohne Zweifel unsere kommunikativen Kompetenzen im tagtäglichen Auslandsgeschäft sehr positiv beeinflusst.

Iris Kremers

1. Vorsitzende

neueLeben Versicherung

Vorstand Talanx



## **CLIENTS**

Allen & Overy, London **University Mainz** University Kaiserslautern University Geisenheim University Landau Simmons & Simmons, London **METRO Gruppe** Ernst & Young, Düsseldorf **RWE Boston Consulting Group** Siemens SEN Vodafone, Düsseldorf Paracelsus Schulen Verband Freie Psychotherapeuten Kerkhoff Consulting Airbus Industrie Targobank, Hilden **Booz Allen Hamilton** Leifeld Metal, Ahlen Brose GmbH, Wuppertal Prinzengarde Düsseldorf



## M.A.: SPEECH AND COMMUNICATION EXPERT

- Qualified Speech Trainer (DGSS)
- M.A. Speech, Communication and Rhetoric, Universität Regensburg
- Training in communication psychology qualified Heilpraktiker für Psychotherapie
- 17 years of international coaching experience

## MY ADDED VALUE

- / Individual training: I work in a different way with each client, and believe that I am there to help a client reach their own goals using their own inner resources.
- Native speaker: I am an English native speaker with extensive training experience in the business sector. I speak fluent German and good French.
- Action plan: You will receive individual feedback and take home an own action plan, enabling you to work specifically on your own weaknesses.
- / Follow-up coaching on demand: I offer short follow-up coaching sessions for future presentations on demand either online or face-to-face.

More information can be found at <a href="https://www.tinta-training.de">www.tinta-training.de</a> or contact me:

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